## The Origins of Fish and Chips

There is nothing more British than fish and chips eaten with salt and vinegar. Fish and chips is one of our Great British institutions.

But, where did this famous culinary delight originate?

The simple answer is that no one really knows. We do know fish and chips were developed separately, The French invented chips or "chipped pommes de terre a la mode" (from the humble potato commonly believed to have been brought to Europe by Sir Walter Raleigh in the 17th century), and in 1839 Charles Dickens referred to a "fried fish warehouse" in Oliver Twist.

The great British fish and chip trade grew out of these existing small businesses which sold fish and chips separately in the streets and alleys of London, and some of Britain's industrial towns in the 1850's.

Both Lancashire and London stake a claim to the origin of our most famous meal. Chips were the staple fare of the industrial north whilst fried fish was introduced in London's East End.

Even in this, the 21st century, there is nothing quite so tasty, satisfying, wholesome, and evocative, as freshly prepared top quality fish and chips.

# Valerio's

Famous Fish & Chips

Bannatyne Street Lanark ML11 7LB

Tel: 01555 665818

www.valeriosfishandchips.co.uk







TAKE AWAY OPEN 7 DAYS 10.30am - 10.00pm

#### **RESTAURANT OPEN 7 DAYS**

Monday - Saturday: 9.00am - 8.00pm Sunday: 10.00am - 8.00pm

All Major Credit Cards Accepted













Please let us know if you have any food allergies or intolerances.

The management reserve the right to refuse service & make changes to the menu without notice at its own discretion

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#### DELIVERIES FROM 4.15pm-9.30pm TO THE FOLLOWING AREAS:

Lanark, New Lanark, Kirkfieldbank, Nemphlar, Hyndford, Cartland, Cleghorn, Ravenstruther, Carstairs Village, Cartstairs Junction

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	WITHOUT CHIPS	WITH
Mini Haddock		£7.55
Mini Haddock with Breadcrumbs	£5.25	£7.95
Haddock	£7.75	£10.45
Jumbo Haddock	£9.85	£12.55
Special Breaded Haddock	£8.10	£10.80
Cod	£9.20	£11.90
Scampi (wholetail)	£6.50	£9.20
Fish Cakes (2)	£4.50	£7.20
Fish Wrap	£4.00	£6.70
Served with iceberg lettuce and ta	rtar sauce	
Haddock Burger	£5.85	£8.55
Served with mushy peas and tarta	r sauce	

All our fish are fried fresh to order

#### CHICKEN

* * *		
	WITHOUT	WITH
	CHIPS	CHIPS
Chicken Breast	£6.40	£9.10
Chicken Breast Fillets		
in Batter (5)	£6.00	£8.70
Chicken Wrap	£4.00	£6.70
Chicken Breast Fillet Burger	£6.30	£9.00
served in a bun with salad and m	<i>иауо</i>	
All our chicken is fried fresh to o	order	

### PIES and PUDDINGS

	WITHOUT	WITH
	CHIPS	CHIPS
Steak Pie	£4.50	£7.20
		0 5 40
Mince Pie	£3.70	£6.40
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Black Pudding	±4.50	£7.20
Hannis Dudding	£4.50	£7.20
Haggis Pudding	14.30	17.20
White Pudding	£4.50	£7.20
white I udding	24.50	27.20
All Pies and Puddings Supplied Locally		

#### SAUSAGES and MEATS

	WITHOUT CHIPS	WITH CHIPS
Smoked Sausage	£5.20	£7.90
1/2 Smoked Sausage		£6.50
Premium Pork Sausage (2)	£4.90	£7.60
Premium Pork Sausage (1)	£3.20	£5.90
Square Sausage (2)		£7.60
Supplied locally by Alan Elliot I		
Square Sausage (1)		£5.90
Supplied locally by Alan Elliot I		
Hamburger in Batter		£7.20
Veggie Burger in Batter	£4.70	£7.40
King Rib	£4.50	£7.20
1/4lb Hamburger	£4.60	£7.30
Served in a bun with salad and i	mayo	
1/4lb Cheeseburger	£4.95	£7.65
Served in a bun with salad and i	mayo	

### FRESHLY PREPARED THICK CUT CHIPS and EXTRAS

ChipsSmall £3.00 Reg £4.00 Large	£5.00
Potato Fritters (2)	£1.55
Fritter Roll	£1.65
Chips in a Roll	£3.50
Chips & Curry Sauce	£5.10
Chips & Cheddar Cheese	£5.30
Chips & Gravy	£5.10
Chips & Coleslaw	£5.30
Chips, Cheese & Curry	£6.00
Chips, Cheese & Coleslaw	£6.20
1/4 Pizza Crunch	£3.00
1/2 Pizza Crunch	£4.00
Breaded Camembert (2)	£4.50
Battered Onion Rings	£4.00
Halloumi Fries	£4.50
Beans	£2.30
Homemade Mushy Peas	£2.30
Curry Sauce	£2.30
Cheddar Cheese	£2.85
Chip Shop Gravy	£2.30
Coleslaw	£2.85
Pickled Onions	£0.70
Pickled Egg	£0.90
Pickled Gherkins	£0.90
Buttered Roll	£0.90

All prices include V.A.T. where applicable

### CHILDREN'S MEAL BOXES

Fresh Hand Cut Haddock Bites (2) Chicken Breast Fillets in Batter (3)

Premium Pork Sausage with/without batter (1)

All cooked fresh to order & served with chips, a small drink & novelty

... £5.50

#### DAIRY ICE CREAM and DESSERTS

Our ice cream is freshly frozen daily on the premises from a fresh mix supplied locally by Taylor's of Biggar

Cones	£3.50
Plain Wafer	£3.00
Single Nougat Wafer	£3.50
Double Nougat Wafer	£4.00
Cartons£3.25 £4.75	£5.75
Ice Cream Sundaes	£5.50
Battered Mars Bar	£2.50

#### CHILLED SOFT DRINKS

Cans & Cartons	from £1.50
Bottles	from £1.00
Milkshakes	£4.50
Made with Taylor's of Riggar Ice Cream	

#### HOTDRINKS

Tea	£1.95
Coffee, Latte, Cappuccino,	
Hot Chocolate from	£2.10
Homemade Soup	£2.50